



Aberdeen City
Health & Social Care
Partnership

A caring partnership

What you need to know

Self-Directed
Support



ABERDEEN
CITY COUNCIL

NHS
Grampian

What is Self-Directed Support (SDS)

SDS gives you control over how you receive your care and support.

SDS enables you to choose how much control you want to take of your own budget and how you spend this to meet your assessed outcomes.

You can choose what your support will look like and how you will be supported.

How do I get Self-Directed Support

You may be entitled to SDS if you are eligible to receive a service from Aberdeen City Health and Social Care Partnership, or from Aberdeen City Council Education and Children's Services.

You can discuss your care needs with a practitioner who will usually be a Care Manager, Social Worker or Care Co-ordinator.

Am I eligible for services?

To have your eligibility for services identified the practitioner will carry out an eligibility criteria assessment.

Who is Self-Directed Support For?

SDS is for anyone who has been assessed as eligible for support services from Aberdeen City Council this includes adults, older people, children, families and carers. There are some exceptions, for example if you are subject to certain Criminal Justice Orders.

What happens if I am not eligible for services?

If you are not eligible for support the practitioner will signpost you to services that can provide you with further information and advice.

What happens if I am eligible for services?

Once you have been assessed as requiring support you will be offered SDS and the 4 options will be discussed with you.

What are the options?

There are 4 options available with SDS which means that you can make a decision as to how much control you wish to take relating to your identified support.

Option 1 – Direct Payment

Direct Payment is an agreed amount paid to you, into an exclusive account for you to purchase the support and services you need to meet your identified outcomes.

Option 1 is only suitable where you have the capacity to manage your budget and support, or someone has legal powers (Financial and Welfare Guardianship powers or Power Of Attorney) and they can manage it on your behalf.

Option 2 – Individual Service Fund

With this option you continue to choose and direct your support. Instead of managing the financial budget you work in partnership with another person/provider to administer the budget on your behalf.

Option 3

You can request the council to direct and pay for your support on your behalf. Option 3 will be necessary if you do not have capacity or a legal guardian who can make decisions regarding your care and support.

Option 4

You can choose to have a mix of the options for different aspects of your agreed outcomes.

Where can I get more Information on Self-Directed Support?

Self-Directed Support Team

Aberdeen City
Health and Social Care Partnership
Aberdeen City Council
Business Hub 8
1st Floor North
Marischal College
Broad Street
Aberdeen AB10 1AB

Telephone: **01224 523837**

Email: **SDSHelpline@aberdeencity.gov.uk**

This document is available in various formats and languages. Please call **01224 523837**.

ABERDEEN CITY HEALTH & SOCIAL CARE PARTNERSHIP IS THE INTEGRATION AUTHORITY FOR HEALTH AND SOCIAL CARE IN ABERDEEN CITY.

It is a formal public body under the Public Bodies (Joint Working) Scotland Act 2014. It is responsible for planning and delivering health and social care services from NHS Grampian and Aberdeen City Council for the people of Aberdeen.

We are committed to improving the health and wellbeing of local citizens and to be one of the highest performing partnerships in Scotland.



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